

EASY FINGER PICKING PATTERN - "INSIDE-OUTSIDE"

Monday night after-jam tutorial: Part 1-Jan 25; Part 2-Feb 22, 2016

– Taught by Libby

Strings are always numbered up from the floor: A=1, E=2, C=3, G=4

The pattern is "in-side out-side"

Part 1: 4/4 Time

One measure, $\frac{1}{4}$ note = 1 beat

Count:	1	2	3	4
String:	3 rd	2 nd	4 th	1 st
Pattern:	in-	side	out-	side
Finger:	thumb	index	thumb	index <i>or</i> middle

Faster picking in 4/4 time: $\frac{1}{8}$ note = 1 beat

Count:	1	&	2	&	3	&	4	&
String:	3 rd	2 nd	4 th	1 st	3 rd	2 nd	4 th	1 st
Pattern:	in-	side	out-	side	in-	side	out-	side
Finger:	thumb	index	thumb	middle	thumb	index	thumb	middle

Suggestions:

1. Work on this at a slow tempo—using a metronome may help you to develop a steady rhythm.
2. If you speed up and start making mistakes: STOP. Practice at a speed where you can do the pattern correctly so that you are developing correct muscle memory. Build up speed over time.
3. Try the pattern over different common chord progressions such as:
Key of C: C F G7 C Key of A: A D E7 A
Key of D: D G A7 D Key of G: G C D7 G

The fingerpicking pattern on your right hand will always be the same.

4. Go slowly when you first start applying a picking pattern to a song. There can be tricky parts in songs, such as chord changes in the middle of a picking pattern.

PART 2: 3/4 TIME

The pattern is: "in-side out-side in-side"

A variation of the "inside outside" pattern can be used for songs in $\frac{3}{4}$ time. The pattern is "in-side out-side in-side".

There are six "picks" in one bar.

Count:	1	&	2	&	3	&
String:	3rd	2nd	4th	1st	3rd	2nd
Pattern:	in-	side	out-	side	in-	side
Finger:	thumb	index	thumb	middle	thumb	index

N. B. Songs in $\frac{3}{4}$ time in the SOUP Songbook: #9, #27, #51, #63, #75, #81, #82, #85, #101, #110, #112, #113, #135

If you like fingerpicking, this website may interest you:

<http://www.ezfolk.com/uke/Tutorials/Fingerpicking/fingerpicking.html>.

And Ukulele Mike Lynch has many really good fingerpicking tutorials on Youtube, for both 4/4 and 3/4 time.

Have fun with this!

Libby

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